# C.H.A.N.C.E for NEPAL

END OF YEAR REPORT 2013



Children at Triple Gem enjoying their daily cup of milk

I am delighted to report we have enjoyed another successful year

# **FUNDS RAISED DURING 2013**

Charity Golf Day at Wildwood Golf & Country Club C.H.A.N.C.E 100 Club (throughout the year) Quiz Nights (throughout the year)	£9,465 £2,500 £1,200
Donations	
Herrod Foundation	£8,500
Educational Sponsorships (Pegasus and Triple Gem Schools)	£8,600
The Danger Team (Pushpa Children's Home)	£1,400
Ashtead Rotarians	£1 000

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Joy Wemms	£ 500
Cranleigh Rotarians	£ 350
Gordon/Walsh	£ 310
Goody Bag Sales	£ 215
One Forty, Cranleigh	£ 150
Miscellaneous donations under £100	£ 155

# **TOTAL RAISED**

£34,385

# We continue our support in the following areas:

# Education – Health – Street Children – Vocational – Animal Welfare



**EDUCATION** 

Children at Pegasus School enjoying their daily cup of milk

# Pegasus School – Boudhanath

We continue to fund a daily cup of warm milk for the nursery and kindergarten classes. This provides vital calories and nutrients for 60 children. Parents find it increasingly difficult to afford milk for their children, as it is so expensive in Nepal.

We also gave £1000 for educational materials, such as pens, paints, paper, jigsaws etc

We provided Montessori teaching aids to the nursery and kindergarten classes and fresh drinking water.

The Ashtead Rotarians funded the milk programme for the nursery and kindergarten at this school through C.H.A.N.C.E for one year.

# **Triple Gem School – Swayambhunath**

We continue to fund a daily cup of milk for the nursery and kindergarten classes for the same reason as at Pegasus School.

We bought some out-door toys for the youngest children where they have a cordoned off safe area to play in.

We also funded educational materials, such as paper, paints and pens.

# Shree Secondary School, Chitwan



Midday snack at Shree Secondary School

We are delighted to be supporting the nursery and kindergarten classes at this school. We fund a midday snack, which consists of noodles, with egg or dhal and sometimes fresh fruit and milk. Both teachers and parents are delighted with the children's improved attendance and concentration due to this meal.

We also provided educational learning aids for these two classes.

# **Educational Sponsorships**

We currently have 33 children receiving an education through English sponsors.

The cost to sponsor a child at the Triple Gem School or Pegasus School is £430 per annum, for a hostel place, (this includes their uniform, education and three meals per day) and £220 per annum for a day student.

We are constantly looking for sponsors. If you would like to know more about sponsoring a child please contact: mail to: <u>http://barbaradat@aol.com</u>

## **Pushpa's Orphanage**

We continue our funding to Pushpa's small orphanage. Pushpa gives a loving home to 12 children. Together with 'The Danger Team' (see website 2010 report) we fund the children's education at a local government school and food costs.

# HEALTH

## **Bir Hospital – Burns Unit**

My association with the Bir Hospital burns unit goes back to my first visit to Nepal, 12 years ago. Over the years we have built up an excellent working relationship with Wendy Marston from England who lives in Kathmandu with her husband. Wendy works as a volunteer with Burn Victim Support (BVS) at the Bir Hospital. Sister Divi is the ward sister in charge since 2002 and shows great compassion and devotion to the patients in such difficult circumstances.

## BVS says:

Burns injuries are amongst the most horrific, painful and costly injuries that a person can suffer. BVS-Nepal intends to ensure the best available burns care and treatments are available for burns patients in Nepal.

Every year hundreds of children get burned and the families cannot afford the money for their medicines and surgeries. During 2013, BVS, with the help of funds via C.H.A.N.C.E for NEPAL from the Herrod Foundation, organised skin graft surgeries at four hospitals for 25 children. The children supported come from families with a poor economic background. Often these families have more than three children, basic or no education, live in remote areas and earn very low incomes with no other support.

When the children get burned the family have to take out a loan or sell their land to pay for their treatment. It is essential to give them this support to make sure that they receive the best possible treatment i.e. timely surgeries and skin grafts to minimize contractures from their injuries, which would adversely affect their range of movement for the rest of their lives.

# **Bir Hospital**

## We funded:

Skin graft operations Physiotherapy for patients six days a week which speeds up recovery A balanced high protein weekly nutritional food basket to each patient Specialized creams and bandages Two counsellors four times a week give ongoing psychological help to patients and their families.

# Kanti Children's Hospital – Burns Unit

# We funded:

A 'Goody Bag' for every child on the unit Weekly nutritional food basket Skin graft operations

The 'Goody Bag' project continues to be a great success and is now into its third year. Every child receives a bag containing stickers, toothbrush/paste, knitted doll, balloons, felt tip pens, colouring book and small battery operated toy mobile phone which beeps when the keys are pressed for those children under five years old and a 'chase the dragon' game for older children. These are bought in Kathmandu at a cost of £2.50 each. At least for a little while, their dire situation is forgotten as they enter the world of play.

Over 2300 knitted dolls made their way via Cranleigh to Kathmandu. My thanks go to over 50 lady knitters from Surrey and West Sussex, many of whom are in their 70's and 80's and one amazing lady of 100 years young knitted 10 dolls, all beautifully personalised.

The weekly food baskets here are vital. Often the parents visiting their child find it hard financially to travel to the hospital, let alone buy food to eat. The food baskets are plenti9ful for a young child so there is sufficient to share with the partents.

Child recovering after a skin graft operation at the Kanti Children's Hospital



The Herrod Foundation, a Swiss Charitable Trust has funded the skin graft operations and specialised creams for 25 patients during the year.



Children receiving a 'Goody Bag and a nutritional food basket at the Kanti Children's Hospital



# STREET CHILDREN PAPA's Home (Volunteer Foundation Nepal – VFN)



There are 23 children at Papa's Home. This is their Christmas party

### **Papa's Home**

VFN's prime project is Papa's Home founded by Mr Lalit Shahi (Nepalese) and Eric Fairman from the UK. Papa's home gives a caring family environment to 23 children aged between 5 and 12 who live with Lalit, his wife and their three children. These are children who have lost their parents, or been abused.

All the children go to school and C.H.A.N.C.E is sponsoring one of the children. We also fund Papa's food bill.

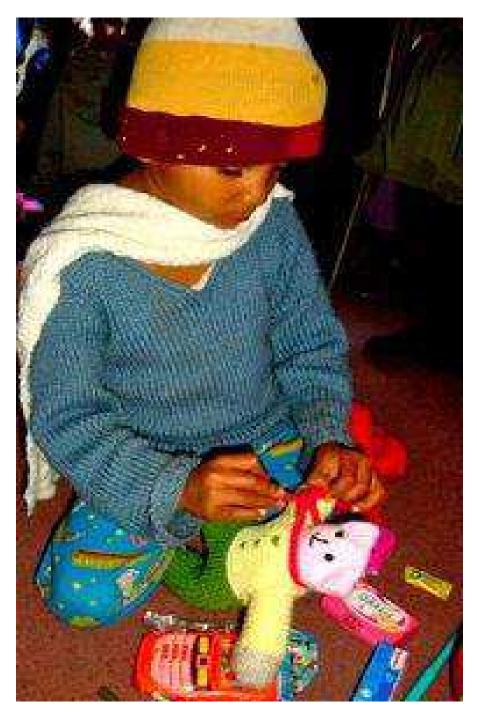
The cost to sponsor a child at Papa's for their education and care is £350. Please contact: <u>http://barbaradat@aol.com</u> if you would like further information on sponsorship.

Our partner on the ground – SHENPEN, closely monitors this project and regular visits are made by Anamika Aryal their project co coordinator.

Street children have no permanent place to sleep and no one to care for them. They depend on the street for everything they need to survive. They find themselves on the street for a variety of reasons, such as family breakdown, unplanned rural-urban migration, child abuse, and neglect and peer pressure.



The children at Papa's love going to school



One of the children at Papa's receiving a Christmas 'Goody Bag'

Twice a year, during the coldest months, November to January, we fund the distribution of roll out mattresses, blankets and warm clothes at two venues in Kathmandu. This is organised by Anamika in conjunction with VFN.



We also provide a daily hot meal for 12 children living on the street.

The objective of the clothes and blanket distribution is to help these children, sometimes as young as 7, to cope with the bitterly cold winter nights and to let them know there are organisations such as VFN there to help. I have on many occasions seen children as young as 7 sniffing glue, often to keep out the cold, hunger and indeed boredom. This is a heartbreaking sight!

With increasing poverty, rapid urbanization, domestic abuse and violence, more children are living on the street of Nepal's major cities than ever before. Living and working on the streets for street children is of course detrimental to their physical, mental, emotional and psychological well-being. Society looks down on these children, leaving them with low self-esteem. They continuously face intimidation from other street children, gangs and the police.

Street children who decide to leave street life and return to mainstream society face many challenges, and often end up returning to the streets. However, street life can also be an empowering experience for these children as they have access to income and control of their day-to-day decision making. The social complexity of this issue and the high stakes involved for the children, demand a carefully considered response.

# VOCATIONAL



C.H.A.N.C.E began supporting WCS in 2008 by providing funds for skills training so that women taking out small loans for income generation purposes could learn both the technical and small enterprise management skills needed to run a successful small business. Training courses offered in 2013 were in tomato growing under cover, vegetable planting, mushroom cultivation and pesticide use.

During 2013 there were 8 courses benefiting 240 women. The training courses run by WCS cost around £4.80 per head. Of these 82% went on to start their own small business.

We would like to say a huge thank you to the Herrod Foundation, who has funded this project over the last three years.

## **ANIMAL WELFARE**

## Vaccinating dogs and educating children

During 2013 we have funded over 800 rabies vaccinations for stray dogs in the Bungamati, Boudhanath, and Kopan areas of Kathmandu valley. By providing a combination of rabies vaccination to dogs along with in-school dog awareness talks we have created a greater awareness of the dangers of rabies to adults and children.

Each year in Nepal, approximately 16000 people are treated for dog bites and as many as 200 die excruciatingly painful death from rabies, most of them children.

# **SHENPEN**

C.H.A.N.C.E for NEPAL works closely with our partner SHENPEN, which is a volunteer based, non-profit organisation, aimed at alleviating poverty, and run by westerners who live in Nepal. SHENPEN are our eyes and ears on the ground and monitor and report on our projects on a regular basis.

Raissa Distefano has taken over the monitoring of our educational projects at Pegasus School and Triple Gem School. One of the highlights arising from her involvement is the making of a short video of each child receiving an educational sponsorship. These were warmly received by their sponsors.

We have undoubtedly helped to change for the better and give hope to so many children thus giving them a brighter future.

Thank YOU for your support.

Warmest wishes to you all for a healthy, peaceful and fulfilled 2014.



# Barbara

Nepalese Butter lamps