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Children at Papa's Children's Home during the Tihar Festival
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# CHANCE FOR Nepal – end of year report

First of all a Very Happy New Year to you. I wish you a joyful 2017. As we start 2017, I wanted to write and to say thank you from CHANCE for NEPAL for following our work in Nepal through my newsletters throughout the year – it is wonderfully uplifting to me simply to know you are there.

A heartfelt thank you also to those who have shown wonderful generosity and support in many ways to CHANCE during 2016. A small charity such as ours could not survive without you, and I am truly grateful. With your help we continue changing lives of sick, disabled and underprivileged children in Nepal.

## HEADLINES AND HIGHLIGHTS:

2016 was a great year for CHANCE, our best ever. If I were asked to pinpoint any one achievement of 2016 I would be hard pressed to choose. But I want to tell you about TEN outstanding headline events of which I am very proud – you can read more about them at the end of the Report; and I have also included some personal highlights from my trip in November.

### **TEN HEADLINE SUCCESS STORIES OF 2016**

- 1. A successful lobby by GMIN to ban the sale of adhesive glue in Kathmandu
- 2. A new health post in Dhubichour benefiting 2,500 people
- 3. A lifesaving new educational radio programme
- 4. Educational opportunities and Teacher Training Workshops
- 5. New teaching post and 'Tiffin' meal for children
- 6. Vital skills training for 184 women
- 7. 1,000 rabies vaccinations
- 8. New solar panel for hot water plus beds at Papa's Children's Home
- 9. 890 food hampers for children in hospital
- 10. Sports equipment for school children

### HIGHLIGHTS OF MY TRIP TO NEPAL IN NOVEMBER 2016

Visiting the new Health Post in Dhubichour with Lobsang Sangbo (from our partner GMIN) was a highlight for me. Seeing the mothers and their children queuing up to see the doctor, the midwife in attendance, and being amused by the curiosity of some patients waiting outside to know what was happening in the surgery, so coming in to check, was lovely to capture the spirit of it all.



New health post at Dhubichour

In Dhubichour's village school, Sangbo and I handed out 48 goody bags to the children in the lower school. We filled each bag with a towel, comb, toothbrush, toothpaste, soap, children's stickers, and of course, no goody bag would be complete without a lovingly made knitted doll!

We also visited a secondary school nearby where the parents, with help from the government and fund raising themselves had built a concrete, earthquake safe library. There were only around 15 books on a table, so I seized the chance to make it happen and we donated £250 for steel racks and books.

My visit to Shree Secondary School, Chitwan, 150kms outside Kathmandu Valley was a great pleasure. Here we have funded a 'Tiffin Meal' Programme for 42 children in the nursery and kindergarten classes for the past 3 years. We also donated £500 for sports equipment, which provided two Volley Ball Courts with posts and nets and 16 racquets as well as a table tennis table. On my visits to this school, I was delighted to see that these courts were in constant use giving the children exercise and great enjoyment.

I was also delighted to take part in one of the new radio programmes transmitted to help prevent accidents in the home - I was proud to be part of such an exciting and

groundbreaking educational initiative by BVS (Burn Victim Survivors).

At Triple Gem School and Pegasus English Schools I enjoyed seeing all the colorful wall pictures and 3D pictures of animals hanging from the classroom ceilings. The children love to see their work being displayed. I enjoyed sitting in during a computer class where we have funded 18 new computers and screens this year in the new classrooms which were funded through CHANCE by The Rivers Trust in 2015.

I made my first visit to Dhola where SHENPEN (our partner on the ground) is building 55 earthquake safe homes for this community. It took Melanie (SHENPEN's director of Programmes) and me over 4 hours to reach the village, the last hour, a hairy experience off road in a 4x4 jeep! The homes will be finished by the Spring of 2017. I found the community's spirits high: they watch day by day as their homes are nearing completion and they work over 12 hours a day, both men and women to achieve this goal. Inspiring indeed!

# YOUR HELP CHANGES LIVES:

### **PROJECTS**

Here are just a few examples to remind us how far your donation goes in each of our five main projects!

### HEALTH

£5 provides one nutritious food hamper containing vital extra calories to speed up recovery or a goody bag filled with fun things for a child on the burns unit while  $\pounds$ 5,000 covers the set up and running costs for a new Health Post.

### **EDUCATION**

£250pa gives the chance of an education for a child including uniform and lunch. £460 provides a place in a hostel as well as their education in school. £400 pa gives one student the chance of going to college.

### STREET CHILDREN

£60 funds a fun day out for 24 children at Papa's Children's Home.

### SKILLS TRAINING

£800 funds a five-day Teacher Training workshop in remote districts of Nepal.

### **RABIES VACCINATIONS**

£1,000 vaccinates 1,000 dogs against Rabies.

### **FUNDS RAISED DURING 2016**

Our main fund raising evening of the year was held in June with an 'Intimate evening with Joanna Lumley', our patron, who held us spellbound as she talked about her life on stage and screen when being interviewed by Fernando Peire, the Managing Director of The Club. We raised the incredible total of £42,000!

Our thanks go to Gillian Lawson who donated £5,000 for a new Health Post, James Frost who donated £800 for a 5 Day Teacher Training Programme and Pushaun Choudhury who donated £2,000. Huge thanks to everyone who came to the event and supported us in such a magnificent way.

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CHANCE 100 Club	£3,000
Quiz Nights	£1,435
Jane Barr – ran the New York Marathon	£580
Andrea Matthews Bric a Brac and Teas	£304

### **FUNDRAISERS**

### SPONSORSHIP

Educational Sponsorships	£16,150
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### DONATIONS

£14,000
£10,000
£14,694
£5,000
£2,000
£1,400
£1,200
£800
£500
£400
£300
£132
£2,515



Our Patron Joanna Lumley with David Smail (trustee) who acted as our auctioneer for the evening

### We raised £109,380 during 2016 THANK YOU This is the highest amount we have ever raised in a single year!

### **VOLUNTEERS and FUNDRAISERS**

We are grateful for support in other ways too. I am often asked if it is possible to volunteer for CHANCE. Of course in Nepal we are always looking for volunteers at all levels. For example, perhaps a teacher could spare 3 or 4 weeks to teach at one of the schools we support: it's unbelievably rewarding because the children – and their parents – are so enthusiastic about learning.

And there are plenty of opportunities to support us at home too: These are some more examples how others have helped us throughout the year: thanks to the following for their fundraiser ideas for CHANCE FOR NEPAL

- Dr Shamila Streshta, from the Kathmandu medical team, ran the Paris Marathon and Berlin Marathon
- Tom Cullingham, media and film making student, directed the award winning film MAYA, donating 50% of the proceeds
- Andrea Matthews holds a yearly garage sale for CHANCE for NEPAL
- Jane and Brian, landlords at The Keep in Guildford UK hold regular quiz nights throughout the year for CHANCE
- Jane Barr ran the New York marathon in November in aid of CHANCE
- Our generous guests and our patron Joanna Lumley for attending our brilliant evening in the Club at The Ivy which raised £42,000

### **\*OUR 2016 HEADLINE SUCCESS STORIES IN DETAIL**

### 1 CHANCE funds: successful lobby to ban sale of adhesive glue

WEGAIN, with funds from CHANCE, has campaigned at government level to get the sale of adhesive glue to children under 18 banned – and was successful in October 2016 A fantastic achievement by WEGAIN.

WEGAIN is one of our partners on the ground in NEPAL. WEGAIN works with the street children in the Boudhanath area of Kathmandu where the sight of street children sniffing glue is commonplace and heartbreaking.

Kind and well meaning tourists often misguidedly give these children money to help them buy food. However street children in Kathmandu do not need to go hungry -

there are centres who provide hot food to street children – and sadly, in reality, the money the children get from begging goes to fuel their habit of sniffing glue, or buying alcohol, cigarettes and drugs.

**2** CHANCE funds: the costs of running the health post — including the doctor and nurses, all medications, vaccines, a computer for the data to be collected and a printer. There will be a second health post built funded by CHANCE in another remote area during 2017 and we will fund the running costs.

Since the 2015 earthquake, our partner **GMIN** has built many homes, shelters and schools in remote areas. One example is the new Health Post in Dhubichour, 450km from Kathmandu which opened in 2016 and is attended by a visiting doctor and two nurses (one being a midwife). Here, staff record all the children's height and weight. and provide extra food for children who are underweight: the children return regularly to have their weight checked. If an adult or child is unable to get to the Health Post - either because of age, ill health or disability - the nurses will go out the community.

**3** CHANCE funds: A new radio programme, launched in May 2016, which is transmitted from one of the hospitals we support in Kathmandu. It features interviews with doctors, plastic surgeons, the head sister of the Burns Unit, parents and the patients themselves: children who have experienced terrible burns. This vital, half-hourly programme goes out once a month and is the initiative of BVS in Nepal and ACORAB Community radio. The programme will reach 73 out of 75 districts through a network of 200 community radio stations throughout Nepal. In the remote villages of Nepal, most of the villagers depend on radio to keep in touch – and so most families will be tuning in!

Through these powerful broadcasts, we hope to save even just one life. Hopefully many lives. Prevention is KEY here.



Skills Training with Women's Cooperative Society

### 4 CHANCE funds: Education and Teacher Training Workshops

Funds from CHANCE in 2016 have provided college and school education for 39 children; and 28 computers and screens at Pegasus English School and Triple Gem School. Here we also funded two 7 day Teacher Training Workshops to help the teachers look at new innovative ways to encourage children's learning and interest.

### 5 CHANCE funds: New teaching post and 'Tiffin' meals for children in Dhola

CHANCE is funding a 'Tiffin' meal for the village school in Dhola. This will be varied and given daily to include: milk, chickpeas and beaten rice, vegetables, noodles, eggs, fruit, bread and jam, juice and milk tea. This meal, given mid-morning, helps the attention span of the children - many have to walk over an hour to reach school, and then the same back each day. Some of the children are just five years old! CHANCE will also provide multi vitamins to help children's nutrition in the winter months when they are at their most vulnerable.

CHANCE is also funding a new teacher at the village school in Dhola to help improve the children's English as well as improve other subjects. The school-leaving certificate (SLC) at remote village schools typically is under 20% whereas in Kathmandu for example, in the two schools we support there, the success rate is 100%. This is their passport to getting into college, thus a good job and brighter future.

### 6 CHANCE funds: Skills Training for 184 women

Through offering skills training, WCS (Women's Cooperative Society) empowers women to help themselves, their families and their village. During 2016, a total of 184

women received both elementary and advanced training on vegetable farming. Eight days of training were given over the year. The advanced training covers financial management, and making pesticides. Each training costs £436 and all trainings were funded by CHANCE.

### 7 CHANCE funds: 1000 rabies vaccinations

1,000 dogs were vaccinated against rabies in April 2016, this being our 6th year of support to Street Dog Care. 16,000 people are treated for dog bites and as many as 200 die an excruciatingly painful death from rabies every year in Nepal. Many of those bitten are children who have not learned to be wary of the dogs nor to treat them with respect.



**Rabies Vaccination** 

### 8 CHANCE funds: new solar panel for hot water at Papa's Children's Home

During 2016 we supported Papa's Children's Home by providing new beds and bedding for all the children as well as Solar panels for hot water to heat water for showering. The children are particularly grateful in the winter months to be able to have a hot water shower and a generator. We continue to fund the food programme for Papa's and the monthly fun activities for the children.

### 9 CHANCE funds: 890 food hampers for children in hospital

CHANCE continues to provide a weekly food hamper to all the children on the burns unit at the Kanti Children's Hospital, and a twice-monthly hamper to both the trauma and teaching hospital. With our partners we gave out **890 food hampers in 2016**. We also provided as counselling 5 times a week for the families and physiotherapy four times a week; and up to 30 skin graft operations per year which are funded by the Herrod Foundation



Food Hamper for a child on the burns unit at The Kanti Children's Hospital

### 10 CHANCE funds: Sports equipment for schoolchildren

At Shree Secondary School, Chitwan, CHANCE has donated £500 for sports equipment, which provided two Volley Ball Courts with posts and nets and 15 racquets as well as a table tennis table.

My visit to Nepal in 2016 provided me with inspiration and hope for 2017 and I look forward to another year of exciting and fruitful initiatives and partnerships – including funding GMIN to build a new Health Post and fund the running costs of this.

Once again I send you my love and thanks and look forward to hearing from you throughout 2017.

From the children of Nepal and myself, our heartfelt THANK YOU

### Barbara Datson

Founder CHANCE for NEPAL www.chancefornepal.org Facebook/chancefornepal - where I regularly post about our activities. If you would be interested in supporting any of our projects and require further information please do not hesitate to email me: barbaradat@aol.com

Special thanks go Anamika Aryal who is the Project Coordinator for Shenpen and monitors our projects through Shenpen and Raissa Distefano who monitors our educational projects, both in schools and college.

### The CHANCE for NEPAL Team:

Edmund O'Reilly Hyland – Trustee; David Smail – Trustee; Chris Blizard – Gift Aid Co-ordinator; Viv Craggs – Financial Administrator; Sarah Hodgson – Editor; Adrienne Golightly – CHANCE 100 Club Co-ordinator; Barbara Datson – Chair and Trustee