

# CHANCE for NEPAL

SUMMER NEWSLETTER 2019



*Burns Unit – Kanti Children's Hospital, Kathmandu*

The first 6 months of 2019 have been as fruitful and busy as ever! Our support for our long-term projects continues as well as some new and exciting projects.

***Enjoy!***

# EDUCATION

**NEW!** A new school building! Our third!

Rosy and Peter Gent from London who trekked the Annapurna range in 1996 wanted to give something back for the warmth and kindness shown to them by the people of Nepal. They looked for charities in Nepal and liked what they saw on our website. We arranged to meet and the outcome was a new school building! With Gift-aid we received £7,500 from their donation which has built a new wing to the Sanney School as the school building was badly damaged.

GMIN (Grassroot Movement in Nepal) built the school, this being their 42nd school and our third with this brilliant organisation, which we have been supporting for many years.

The new wing was completed and had its opening in May with the local Mayor of the area and Bidya Bajracharya the President of GMIN.

*Sanney School*



**NEW!** Another donor who wishes to remain anonymous pledged £800 which will fund a 5-day teacher training workshop for teachers at this school as well as teachers from other schools in the vicinity. The training, albeit short, is intensive and will improve teaching methods and aid better interaction between teachers and students, as well as letting go of some of the old-style repetition and parrot style ways of teaching,

**NEW!** The Herrod Foundation who has supported CHANCE for 10 years is winding up their Swiss Charitable Trust and they have made a final fantastic and generous donation of £10,000 to CHANCE. I felt a fitting tribute to the longevity and special relationship between us should be marked by something special and lasting and they are thrilled their funds will go to a new wing at the TAKYO school, built along the lines of the Sanney School. They funded the furniture for the classrooms, desks, bench seats, white boards etc. The school will be started as soon as the monsoon is over and will be completed this year. The new wing will provide 4 new classrooms and will be earthquake safe. The present building was falling down and deemed unsafe to use. Our fourth new school building. *Exciting!*

Continuing with education – we have continued our support through Shenpen to provide ‘Tiffin’ meals in two schools, and at the MAV school we also funded water for the water tank, thus giving the children water to wash their hands before eating and after going to the toilet. CHANCE also initiated a ‘Tiffin’ meal programme for the lower classes at the Shree Secondary School in Chitwan, now in its 5<sup>th</sup> year.



*Tiffin Programme*

We have 26 students receiving educational sponsorship with English sponsors in schools and colleges, 5 of whom are now doing their Bachelors!

The daily cup of milk for the children in the lower school at the Triple Gem School, Swayambhu now in its 12<sup>th</sup> year continues to give the children vital calories and nutrients.

## **HEALTH**

### **MHN (Mountain Heart Nepal)**

We funded medicines for two medical camps in the first half of 2019 as well as the distribution of our ‘Magic Read’ educational books programme.

We responded to an SOS from MHN in April, after flooding and loss of life in the Terri region where 2,400 homes were destroyed and 31 people lost their lives.

MHN: [“The ongoing medical camp is part of Mountain Heart Nepal's attempt to restore the community's health status following the storm that occurred on 31 March 2019. People remained](#)

displaced in temporary shelters with the rapid risk of transmission of malaria and infectious diseases. Therefore, to avoid epidemic outbreaks and protect the safety and quality of patient care, our medical camp will remain operational every week until the first week of May. Thanks to CHANCE for Nepal UK for providing funds for the medicines”.



My thanks to Jane Lewis and Ivy Tan who both donated our 'Magic Read' programme for 2019. This will ensure that on medical mission during the year the children will receive text books the child's age and class. These books as well as being educational, bring the children to have their own text book which they can take home!

funds for every targeted at much joy to

MHN initiated a project funded by CHANCE for Nepal to distribute health-related textbooks in the hands of young children. This was aimed to foster the acquisition of health-related knowledge and improve early reading success in children.

The early years are critical for children as it is the time when linguistic and cognitive systems are developing and becoming interdependent. At this important juncture, book reading has special powers to have an enduring impact on the child's development, particularly, on the language and the concepts. However, most parents in rural Nepal do not spontaneously make the most of the opportunities that books present, mostly because of their higher cost. As a consequence, children routinely do not have access to high-quality secondary textbooks.

Therefore, we specifically targeted this critical time to create a lasting impact on a child's health by increasing access to secondary textbooks related to health and personal hygiene. Further, the distribution of books is accompanied by mobile outreach clinics, which helps to address any acute health issues among children and provide guidance for reading as well as the importance of personal hygiene.

*Magic Read Programme*



### ***NEW!* COMMUNITY HOSPITAL.....COMING SOON!**

In the noble cause of providing quality and affordable healthcare for all, doctors at Mountain Heart Nepal are aiming to do more by constructing a 15-bed hospital in Hetauda, Makwanpur. Hetauda is a sub-metropolitan city in the Makwanpur District of Narayani Zone of southern Nepal. The hospital will be located on the south of Kathmandu district. Although the district is located at the border of Kathmandu valley, many parts/VDCs of the district are still inaccessible by road and other development intervention. The district is surrounded by Kathmandu and Dhading districts at north, Chitwan district at west, Lalitpur, Kavre and Sindhuli districts at east and Bara, Parsa and Rautahat districts in the south. Hetauda is also located very close to the capital. It is at a distance of 76 km from the capital city, Kathmandu, via the fast track, 132 km via Daman Tribhuvan Highway and 224 km via Narayangadh. Because of its strategic location, it is easily accessible to health professionals residing in the Kathmandu, as a result, highly skilled specialist doctors can be employed to provide the best healthcare to the people living in Hetauda. In addition, the staff from the hospital can be routinely deployed during emergencies in the Terai region.

*CHANCE is seeking sponsorship for the beds of the initial phase. We need £15,000 for 15 beds. To date we have pledges for 9 beds. If anyone would like to donate a bed, then please contact us at [info@chancefornepal.org](mailto:info@chancefornepal.org) Your name or company will be engraved on a marble plaque in the reception area of the hospital as being a supporter.*

### ***NEW!* A most valued addition to the new MHN Hospital...a sensory garden!**

In 2016, Jenny Bradshaw aged just 22, tragically died from an asthmatic attack. Two years previously she visited Nepal and volunteered in an old people's home and a children's orphanage. Her parents Jackie and David came across our website and sent us a generous donation on behalf of Jenny as they too wished to mark her time in Nepal. Their story touched my heart and I asked if they would like a lasting tribute to Jenny. After much deliberation it was decided a beautiful sensory

garden for the new hospital would be a wonderful way to remember her. There will be seating areas for patients and their families, trees creating form and shade, careful planting of plants as well as herbs which can be used in the hospital kitchen. A water feature will be another wonderful addition to the garden, giving a peaceful and tranquil environment to aid wellness and give a positive and sensory place for patients to recuperate. Maybe in time there could be a vegetable garden. I see in my mind's eye the garden growing year by year and the trees will mature and live on into the next century. Jenny's parents loved the idea, so the hospital garden will be a fitting tribute to Jenny who loved Nepal and its people and will be named after her. More about this in my Annual Review.

## **BURNS VIOLENCE SURVIVORS (BVS)**

Our longest established partner on the ground in Nepal, over 16 years!

Our continued and vital support with funding nutritious weekly food hampers for which the BVS team buy the produce and put together for every child on the burns unit at the Kanti Children's Hospital. Our funding continues for the physiotherapy and counselling which is given 5 times per week.

*Bipana* is 5 years old and from Nuwakot, which lies 75 Kms from Kathmandu. Bipana's father died of TB and her mother works a small piece of land and looks after Bipana and her 3 year old brother. Their financial situation is dire.

Bipana suffered 20% second degree burns to her chest, tummy and bottom.

Her mother had placed food she had prepared on the open fire in their one roomed hut and went out to work in the field, leaving Bipana and her brother alone inside to keep warm. Bipana ran, tripped and fell into the open fire and got severely burned. On hearing screaming, a neighbour rushed to her aid and saved Bipana. She applied coconut oil and tomatoes to the burn. She was rushed to a local health post and transferred to Trishuli Hospital, but after 7 days, was transferred to the burns unit at Kanti Children's Hospital as her condition was not improving. Tomatoes with their high-water content are sometimes used on burns if there is no running water. She was in hospital for several weeks.



*Sonu* is 11 months old and lives in Lalipur, 4 Kms from the Kanti Hospital.

Her parents are farmers and are both deaf and dumb, their financial situation is extremely poor.

She has a 6-year-old sister who is in class 1 at school.

Sonu suffered 4% burns.

Her mother was doing chores and had boiled water and put it on the floor to cool. Sonu, learning to walk and unsteady on her feet, fell and hot water from the bowl went onto her neck and head.



She made a good recovery.

*Sujil* is 6 years old and from Baglung, 283Kms from Kathmandu. His parents work the land. He has a sister aged 9. Sujil goes to school and is in lower kindergarten. (Depending on when the child starts school determines the class, so Sujil probably started school recently.) His mother had gone to the temple and his father was working the land. Sujil and his sister were playing outside and he decided to climb a tree . There was a live wire amongst the branches which he touched and got an electric shock. He received medical treatment from a health post, but after 5 days, he was brought to the Kanti for specialised treatment. He had one debridement and 6 dressings and made a good recovery.



Thank you to our partner on the ground BVS for sharing. They deliver nutritious food hampers weekly to every child on the unit funded by CHANCE.

*All names changed for protection.*

There was an article in the Kathmandu Times recently saying there is a huge shortage of doctors in Nepal and named the Kanti Children's Hospital as one of the hospitals in desperate need of doctors and nurses. The Kanti is the only National referral centre for paediatric care in Nepal.

All children receive a 'Goody Bag' which contains a hand-held brick game or a Rubik cube for the children aged 5 and over, as well as fun stickers and a toothbrush. The younger children get a large cuddly soft bear, crayon, stickers and a comfort knitted doll from the UK. Shenpen, one of our partners on the ground put together the 'Goody Bags' and deliver them twice a month on the burns ward. These are funded by CHANCE.

We also fund hand sanitation for the burns ward, a TV for the playroom which is connected to cable TV, ensuring the children and parents can also watch main channels.

## PAPA'S CHILDREN'S HOME



*Children of Papa's Home*

Now in our 7th year supporting the food for all the children as well as a monthly activity programme. JP and Maan, the two eldest, organise the monthly activities and send me their choices for approval. The activities may be an in house singing contest, writing poems, or drawing competitions with prizes! Hiring a film with pop corn and dare I say a coke! A visit to a museum, the cinema, a picnic, football training. The eldest two boys, Maan and JP are off to college later this year! JP to read engineering and Maan finance. They are both a real credit to Lalit and Dhanuska, as are all the children. JP and Maan were the first two children to arrive at Papa's Home in 2010 then aged 9 and 10.

The children, without exception are a joy and delight to be with. Courteous, caring for each other and always good natured.

Through CHANCE we have 5 children receiving sponsorship at Papa's.



*Swimming funded by CHANCE and celebrating Tihar.*



*Monthly activity -*



## SNEHA's CARE

We funded 12000 Rabies vaccinations in April.

In the first 2 months of 2019, six people were bitten and died of rabies!

Our second year working with this brilliant organisation under the leadership of Sneha Streshta, a quite extraordinary young lady with tremendous vision.

Chance is funding the rabies vaccination programme but there are many ways which Sneha's Care helps injured, abused and abandoned animals. Please visit their website to see the wonderful work they do. [www.snehacare.org](http://www.snehacare.org)

*Rabies Vaccinations being given taking place*



## SKILLS TRAINING

Our first three skills trainings for 2019 were in Lagankhel, Sankhu and Palobari.

On average, 25 – 30 women take part. Each training is over a period of four days and is either elementary or advanced training once the elementary has been achieved.

During the training period, the women are instructed on how to prepare the ground and sow the seeds; which are the most profitable vegetables to grow; how many yields per annum they can reap from their plot; pesticides and the harmful effects they can have on humans; which insects are harmful to their crops; how to make organic liquid compost; how to make eco-friendly insecticides; how to manage their finances.

We are delighted to be part of the skills training programme with WCS. Empowering women to help their families, their community and in many cases to educate their children from their earnings. A win win situation!

*Skills training – Harvest*



*Preparing the soil for planting*



# FUNDRAISING

*Annalise Kerr*

**NEW!** My thanks go to Annalise Kerr who ran the Everest Marathon for CHANCE in May 2019. She exceeded her target of £1,000 and raised £2,300 which was divided between CHANCE for NEPAL and The Walking Wounded.

To date we have had fundraisers taking part in the Paris, New York, Barcelona, Berlin and *now the Everest Marathon*. **A great way to support CHANCE!**

**NEW!** From MAY 2019, **The Crab Pot Café** in Cromer, Norfolk is giving its gratuities to CHANCE. Thank you Michael Fuhri, you are a star!

**NEW!** Rick, Vivek, Jatinder, Velraj and Kumaran are trekking to Everest Base camp and beyond to a height of 5644m. Their target to raise is £5,000 for CHANCE! Visit their page on Virgin Money Giving - EBCTrekOct2019 and help them achieve their goal.

**QUIZ NIGHTS** at The Keep in Guildford. This is always a fun evening, now in our 7<sup>th</sup> year. People's generosity never ceases to amaze me, you come, many travel long distances, bring raffle prizes and buy raffle tickets! Jane and Brian, the landlords, provide a complimentary cheese and French bread sharing platter or in cooler months a chili and rice supper. The funds raised from these quiz nights gives a college education to a student with the remaining funds going to our projects. Our next quiz is on Thursday 3<sup>rd</sup> October. If you would like to make up a team of 4-6, £7.50 pp to play, please email us on: [info@chancefornepal.org](mailto:info@chancefornepal.org)

**CHANCE 100 CLUB** – raises £6,000 a year of which 50% goes to our projects and 50% in monthly cash prizes. To date, (over 11 years) around £35,000 has been generated from this for our projects. The draw takes place on the first Monday of each month at Cranleigh Golf & Leisure Club. Email us if you would like to come on board.

There will be a detailed account of all our projects in our Annual Review of 2019.

A special mention to *Viv Craggs* who prepares the accounts for us to send to our accountants. Wilkins Kennedy (accountants) who audit our accounts for the Charities Commission. *Chris Blizzard* who claims gift aid for us. *Adrienne Golightly* who runs the CHANCE 100 Club. Their help is given voluntarily.

Finally, my heartfelt thanks to all our supporters, as without you none of this would have been possible. I am forever grateful.

**'THANK YOU'**

Wishing you a wonderful summer,

*Barbara*

