ANNUAL REVIEW 2019 CHANCE for NEPAL

Our wings are small... ...but the ripples of our heart are infinite.

Amit Ray, Author & Spiritualist



New School - Children from Sanney School funded by CHANCE

ACHIEVEMENTS IN 2019

- Funded two new schools in Surkhret
- Funded 481 Nutritional Food baskets at the Kanti Children's Hospital
- 198 'Goody Bags' for children on the burns unit Kanti Children's Hospital
- Tiffin Meal Programme at two schools funded by CHANCE
- 4X4-day skills training on elementary and advanced vegetable farming for 120 women
- 1000 dogs vaccinated against rabies
- 26 children receiving educational sponsorship in schools/colleges/Universities
- Funded medicines for 5 health camps
- Funded 3 menstrual health trainings with 100 dignity kits given to girls in 3 schools
- Distributed text books to hundreds of children during medical camps
- Funded books for the library and salary of a librarian at Dhubichour School, Dang
- Funded a nurse and the medicines plus running costs of two Health Centres in Dang
- Funded cup of warm milk daily for 140 children at Triple Gem School 37,800 cups p.a.

DONATIONS

| Aerobytes Herrod Foundation Chrysolite Enterprises Peter and Rosy Gent HM Gift Aid Estate of William Quinn Martin Gordon David and Jackie Bradshaw Ivy Tan Jane Lewis Charities Trust Valerie Lee Wemms Maths Lesley Rushton General Donations of under £250 Wagnor Hubert Barnabas Arts House Meditation Group | fi0,000 fi0,000 fi0,000 fi6,800 fi5,840 fi5,665 fi2,200 fi1,600 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 fi1,000 | £ 58,644 |
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| | | £ 11,898 |
| Fundraisers | | |
| CHANCE 100 Club Annalise Kerr ran the Barcelona Marathon - May Ashley Sault – Annapurna Circuit Trek - October Quiz Nights Crab Pot Café – Gratuities Jatinder Dosanjh , Tim Young - Balaji Seevaram - Sanjay Kits Sharma Rick M - Vivek Narasimhan - Raghava Lingegowda Kumaran Chandrababu - and Velraj Huppusamy trekked to Everest base camp - October | f 3,800 f 1,150 f 1,797 f 1,800 f 800 f 6,035 | £ 15,382 |
| Grand Total 2019 | | <u>£ 85,924</u> |

HEALTH

MOUNTAIN HEART NEPAL (MHN)

CHANCE funded the medicines for 5 medical camps during 2019 which resulted in over 1180 medical checks being given. These took place in Kakani in January - 2 camps, Bara in April, Sukchaina in May, Bharatpokhari, Pokhara in November. The medical camps in Bara were an emergency response to rainstorms where 31 people died, 600 injured and 2,400 homes badly damaged.

November update



MHN Pharmacy

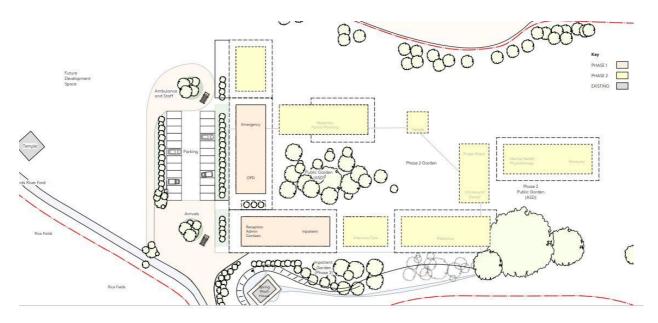
I loved every second of my day with MHN. CHANCE funded the medicines for the medical camp along with four others during 2019. I handed out educational books to the children after their medical check. Thank you to Jane Lewis and Ivy Tan for funding these books for the 'Magic Read' programme. The books are targeted at the child's age and cover health, hygiene and diet. Dr Aban Gautam, founder of MHN led the team. I flew to Pokhara to take part in a medical mission organised by Mountain Heart Nepal (MHN), one of our main partners in Nepal. The camp was held at Shree Shanti Udaya Secondary School where students study from nursery to grade 12. Over 200 adults and children attended the camp. We were a team of four doctors, 2 nurses and myself. My role was to take blood to test the glucose levels, if warranted, for adults, and haemoglobin if advised for the students.



Book distribution - medical checks

NEW HOSPITAL in – Hetauda - Makwanpur - MHN

Makawanpur is a hill district located 76 kms south of Kathmandu. Dr Aban Gautam, founder of MHN, and I travelled to Hetauda to view the site where the new 15 bed community hospital will be built, starting in January 2020. The plot of land designated for the hospital is flat with a river running down one side. On the same day, we attended the presentation by Dr Aban to the Mayor of the city who then officially handed over the land for the community hospital. Other local dignitaries were also in attendance. This was an emotional moment for Aban as I know how much this has been his dream and now coming to fruition...exciting! The borders have now been established and a fence erected to keep out the animals as the hospital is built.



Hospital Site: Plans drawn by Jake Winter of Ackroyd Lowrie Architects, London. Phase 1 will begin in January 2020 and phase 2 will launch with support from the local government funding.

CHANCE is seeking funding for 15 beds for the initial phase. Thus, we need £15,000 for 15 beds. To date we have pledges for 7 beds. If anyone would like to donate a bed, your name or that of your company will be engraved on a marble plaque in the reception area of the new hospital by way of thanks and I would be thrilled!

The hospital will provide an emergency service, treatment of common diseases and injuries, maternal and perinatal healthcare, a 24 hour/day maternity service and emergency obstetric care, post-natal and family planning services, immunization, child health services including oral health and chronic disease – diagnosis, control and referral, counselling, school health programme, preventative services and outreach support such as preventative camps at a community level. If a patient is unable to pay for treatment or medicines they will be given free.

- An operating theatre and the capacity for surgery, specifically for emergency obstetrics and gynecology; as well as a full range of simple procedures.
- Health training for health workers with the prime objective to improve the staffing at rural healthcare centers across the country.

And... a most valued addition to the new Community Hospital...a beautiful garden and designed by none other than *Chelsea Gold Medal Winner Andy Sturgeon*!

To recap from my Summer newsletter: In 2016, Jenny Bradshaw aged just 22, tragically died from an asthmatic attack. Two years previously she had visited Nepal and undertaken some volunteering work. Jackie and David, Jenny's parents, came across our website and sent us a generous donation on behalf of Jenny as they wished to give something from her. Jenny had loved both the people and the country of Nepal. Their story touched my heart as I read about Jenny and I wanted to come up with a lasting tribute to her. It was decided a beautiful sensory garden would be fitting, and where better than the new hospital which needed a garden.

UPDATE: I casually asked around my friends if anyone knew a garden designer, never in my wildest dreams did I think this would lead to an introduction to **Andy Sturgeon** by his first cousin! I then had the excitement of going down to Brighton to meet Andy and tell him about Jenny, her parents, the hospital and CHANCE.

Andy Sturgeon, an 8 times gold medallist at the Chelsea Flower Show and overall winner in 2019, is of International acclaim and a most charming man. He was delighted to design the garden for CHANCE and make us one of his chosen charities for 2020. Andy is holding an in-house competition within his company, so whoever comes up with the winning design will be flown out to Nepal and take part in some of the planting. I am bubbling with excitement to see the end design and cannot wait to see it first hand during my visit in November 2020. Jenny's parents will fly out to see the garden once completed and it will be known as Jenny's Memorial garden.

I wish and will it to grow and flourish from year to year and well into the next century, a real living tribute to a beautiful daughter and a wonderful friend to many.

Dr Aban and I visited a garden centre in the city of Hetauda to see what plants were available. I sent 40 photographs to Andy Sturgeon so he could see the indigenous plants that will thrive in that area.

Another of our projects, 'Skills Training with Women's Cooperative Society (WCS) dovetails nicely in with this. We have been supporting WCS for over 14 years by funding the training of women in vegetable farming. We will send two women from Hetauda, where the hospital is based, to attend one of WCS 4-day, training sessions - teaching basic vegetable farming methods. This will enable them to return to the hospital site with the knowledge (and support for each other), to grow vegetables which in turn they will sell to the hospital to feed staff and patients as well as sell at market, thus enabling them to educate their children with the money they make. The land on the hospital site will be given rent free to these women and in return, they will tend and look after the garden.

Other Health News

Of the two Health Centres, our first in Dhubichour – (built in 2016) where 2012 patients were treated in 2019 and our second health centre in Purandhara had 1756 patient visits in 2019. These are both in the Dang area, western Nepal. Patient numbers increase month on month. Many patients in these remote villages, before benefitting from a health centre would use a witch doctor. Slowly, through education and trust, they have switched to safe modern medicine. We funded the running costs and salary of a CMA (nurse) and medicines for both health centres. The running costs for a health centre are £4,000 for one year.

BVS – Burns Violence Survivors

My annual visit with the BVS team to the burns unit at The Kanti Children's Hospital was particularly emotional this year as I was told one child, who had just been admitted, may not survive the night. I call her Mima (name changed for protection) aged 5, and an only child. Her parents had boiled water to make alcohol to sell. Their



Mina - soon to be discharged

financial situation is dire and they live a hand to mouth existence. The hot water spilt onto Mina, and that's all it took, a split second and they nearly lost her. She suffered 2nd degree burns to over 35% of her tiny frame. Her parents were distraught. Mina on a morphine drip, too fragile to move, was on the high dependency ward, but no room for her in intensive care, with concerns of infection. I've kept in close contact with BVS as to her outcome and prayed very hard.

Incredibly, she is still on the ward 7 weeks later and gaining strength daily and is due to be discharged mid-January. Her parents had gathered all the money they could get together and borrowed some to pay for her treatment and came to Kathmandu. Mima was first admitted to one hospital, after a week transferred to another, when their funds ran out! Finally, she was admitted to the Kanti, where her treatment is free except for medicines. CHANCE will help with that and pay for the family's travel back to their remote village from the emergency fund we give to BVS for such cases, and yes, there are often such cases. It is hard to put into words how special the burns unit is. The families supporting each other, some children so sick they are in the four-bed high dependency unit on the burns ward, which was full during my visit. The BVS team accompanied me round the ward giving detailed information of each child and I gave the children a comfort doll and stickers, a toy if they were able to hold it as part of our 'Goody Bag' project. I was moved by so many tiny babies and small children, with horrific burns, aware so many of these burns could have been prevented and amazed at the total dedication of the nursing staff and the BVS team, who tirelessly give so much compassion and care to these children.



Burns unit

I go from bed to bed, many of the children have the same injury, hot water left where a child can tip it over - mothers using mustard oil for massage, sautéed with garlic and thyme seeds and heated. Through lack of awareness, the hot oil is put on the floor to cool down, inquisitive minds tip it over! - cattle fodder being heated for the animals in a large vat under a lit fire and the child falls into it! You could say how can this be, until you see the conditions many families live in. A dark room where all the family live, maybe as many as three children. Chickens in the corner, maybe a goat. 1 large bed where everyone sleeps, a lit fire on the dirt to keep warm by and cook on. A well at one end of the village, mother leaves her children whilst she goes to fetch

water, she comes back to screams as one of the children has fallen into the fire, or knocked the pot off the fire, it is then easy to understand how careless accidents happen.

I visited a mother and her child in a slum village, smoke from burning wood over years had blackened the walls, even in the middle of the day, it was so dark, the smell of dampness, dirty clothes, chicken droppings, bedding which has probably never been washed, or certainly never seen a washing machine, made my eyes water. The space cramped, no worktops, clothes hang from hooks on the walls, no cupboards. For many families it is just about surviving!

It is important to appreciate the cultural differences and the hardship just to survive in remote villages where many will have received no formal education.



Typical home with open fire



Aarav is 6 months old and from Nuwakot, 75kms from Kathmandu. He suffered 5% burns to his leg. His mother had heated oil for his massage, placed it on the floor to cool whilst she got on with other household jobs. Aarav was next to the oil and somehow put his leg into it. His mother immediately applied tomatoes, because of their high-water content, and he was rushed to the Kanti. He is now fully recovered and has been discharged.

I handed out the nutritional food baskets during my visit, a CHANCE project very close to my heart. Parents are so appreciative, just so humbling, words cannot express. Each food basket costs £7 and the contents are high in calories which is so important to promote optimal wound healing and aid towards a rapid recovery as well as minimizing the risk of complications, including infections during treatment.

Aarav

We continue to fund a counsellor who visits the burns unit 5 times a week. Counselling is a key element in the rehabilitation process, for the whole family to come to terms with a devastating injury which is often life changing for the patient and coming to terms with scarring and amputations. The physiotherapist visits the



Bidya Bajracharya, President of GMIN, with me at Sanney School

patients 4 times a week to encourage early exercise to mobilize the affected area and prevent contractures and circulation difficulties, also funded by CHANCE.

The Herrod Foundation continued their support in the first half of the year by funding up to 15 skin graft operations. However, this being their last year of support as the Foundation is winding up its affairs in Switzerland, it was decided, as a lasting tribute for 10 years longevity of their support to us, we would use their generous donation of £10,000 to build a new school building at Tokma School which was badly damaged in the earthquake of 2015 and was unsafe to use. See under Education.

EDUCATION

NEW - SANNEY SCHOOL, Panchpuri

November update:

My visit to Sanney School was with Bidya Bajracharya the President and Lobsang Sangbo of GMIN (Grassroot Movement in Nepal) to see the new school wing which GMIN built and funded through CHANCE in the first half of 2019. First, an hour's flight to the city of Surkhet, then a 4X4 for the first hour on concrete road, followed by two hours on very rough terrain, until the jeep couldn't go any further. 'We trek the rest of the way' said Sangbo! We are really high up and it is hot! The scenery is spectacular, rural Nepal at its best. Sangbo reckoned it was about half an hour...ha ha...after half an hour



Children at Sanney School

of steep incline, I asked again, about another half an hour or so was Sangbo's reply. It was hot and exhausting and Bidya kindly used her mobile to contact the head who came to get me on his trail bike, otherwise I would



still be walking it! I hung onto the back of the headmaster as though my life depended on it, thinking thank God my husband isn't watching this! Sangbo and Bidya cut through, straight up the mountain side like mountain goats! The school is certainly remote, I was in the clouds!

Peter and Rosy Gent's fantastic donation of £7,500 (including gift aid) funded this school. Seeing first-hand the classrooms, now finished with a carpet on the floor, round tables, wall paintings, was so rewarding for me to witness and worth all the efforts get there. I knew it was a remote area on paper, but in reality, just getting there was an accomplishment.

Playtime

The school which was damaged in the 2015 earthquake now has this new wing which will be called the Annapurna Wing, a name chosen by Peter and Rosy who in 1996 trekked the Annapurna circuit. They choose the name Annapurna, as for them it signified their greatest achievement in physical effort. Rosy said "One cannot help but absorb something of the spiritual heart of Nepal. We will always remember the warmth and friendliness of the Nepali people. Funding the school, we hope to express our gratitude for the amazing experience we had." There are 120 children in the new wing.

We were warmly welcomed by gestures, as hardly a word of English was spoken. I gave out stickers, knitted dolls, toothbrushes and soap to all the children, which Sangbo had carried up from the 4X4 on his back!

Many of these children walk over an hour to school each day, often longer and at the end of the school day, repeated. I watched them set off on the long walk home, some of them as young as 4 or 5 with an older sibling.

We left at the end of the school day, me on the back of the headmaster's bike, this time scarier than going up as we skid on the scree of the mountain side. By the time we reached the 4x4, the head had to rest with his head in his hands to get over the experience, it must have felt like a marathon for him to take care of his precious cargo!

A further hour's drive to the Tokma School. This school was funded by The Herrod Foundation but not completed as the monsoon was late and there were problems with the labour workforce. However, a warm and lovely welcome awaited us. Most of the children had gone home as we were late arriving but a handful of children had stayed behind to make a presentation of thanks to us with singing and a dance. This school runs from Nursery to Grade 5. A fantastic head who puts her heart and soul into making this a special environment in which to learn. The nursery playroom was a feast for the eyes, so colourful and engaging with different learning materials and areas for learning, weighing, water and sand play, clay etc around the space to draw on the imagination of the children. The new wing will be such a bonus and the head could not be more appreciative.



Tokma School

We were then entertained by the students who had stayed behind. I was very moved by the warmth of this school, quite emotional in fact.

The whole day was an enriching and heart-warming experience and makes me so happy that CHANCE is really making a difference to so many young peoples' lives in the most remote parts. Thank you for all the support I receive to make this happen and to GMIN, one of our main partners in Nepal. This is their 43rd school....what an achievement.

Other News

Our first 'Tiffin' at the Government Shree Secondary School in Chitwan is now in its 7th year and has gone from strength to strength.

November update:

I arrived to a warm welcome as always by Suyra Lamichhane, the headmaster of Shree Secondary School. The



Warm welcome Shree secondary school

have funded for 7 years, given out to the to the lower school. The teachers continue to cook this hot meal which is varied and changed daily. They impressed upon me how much the parents value the Tiffin meal programme and that the concentration of the children upper kindergarten presented me with garlands. I am always delighted to visit this wellrun government school. Last year I took Ferris the Frog puppets, this year it was a set of 'Baby Monkey' puppets with accompanying book. It was great to see the 'Tiffin' meal which we



Our Tiffin Programme

is sustained throughout the school day as they have 'energy' in their tummies!

Also, in CHITWAN, another project is at **Sapana School**, which was established three years ago with a group of 12 children aged 3 years upwards and now in its third year with three classes. It sets a sterling example of how, with the right motivation, passion and drive, such a school can be a model of excellence and Sapana School is



certainly that! Half the children at this school come from the slum are a and receive free education. The other 50% are fee paying. Dhruba Giri, founder of Sapana Village Lodge where I stay when visiting our projects in Chitwan, took me to one of the slum villages 3 years ago, and seeing it first-hand I can say living conditions are desperate! Many of the men have alcohol issues, the women tend to do all the work. Cooking is either on the dirt in one room, or on a gas burner. Last year through CHANCE we sponsored two children from this village. In 2019 funds from Ashley Sault's Annapurna trek funds another.

Engaging with puppets

Should anyone be interested in funding a child at this amazing small school, it is £300pa, and includes their education, breakfast, lunch, an afternoon snack and their uniform. By giving a child the right to an education is a passport to one day escaping the poverty they exist in. I gave this school a set of 'Baby Monkey' puppets to promote interaction and storytelling between the children and teachers. The children loved them.

KHAGENDRA NEW LIFE SPECIAL EDUCATION SECONDARY SCHOOL – Kathmandu

November Update

My third year of offering support to this special school for special people! There are 320 students 95 of whom are physically challenged. Mr Raghab Bhattarai, the headmaster, himself physically challenged with one leg, greets me warmly. Wheelchairs in the classroom are the norm. The children all treated equally, all helping each other, each bringing their own strengths to the class, awesome!

On my visit this year, I invited our partner Melanie and Bimala from SHENPEN, who brought a trainer from 'Days for Girls' to teach awareness in menstrual health, along with Dr Sara Parker of Liverpool John Moores University who also brought along teaching aids. CHANCE funded the trainer and the 40 dignity



Menstrual training

kits for each participant. The trainer was brilliant and also covered topics such as child trafficking and selfdefence. The students were open and eagerly engaged. I also gave out text books from the 'Magic Read programme' which we funded for the lower school.

MITRA AADHARBHUT VIDYALAYA SCHOOL – Kathmandu

Our 5th year of support to this government school. We fund a Tiffin Programme for the lower school, nursery to Grade 5. The menu changes daily and the food comes from a street vendor nearby. This is a bustling school, which is very cramped because of its location so the seniors



Tiffin programme

start school at 7.00am and leave at lunch time when the juniors arrive.

The playground is barely big enough to swing a cat, but somehow order is achieved and instead of a football being kicked around, a ball of elastic bands is



kicked/thrown around at playtime with the inevitable game of tag. We also fund water for the water tank and soap, so all students can wash their hands, before eating and after going to the toilet and have water to drink. I gave stickers and toothbrushes to the junior school.

TRIPLE GEM SCHOOL

Another warm welcome by the brilliant headmaster Lama Kondan and all the children. CHANCE funds a daily cup of warm milk for 140 children in the lower school. I was entertained with singing by each class as I handed out the milk to each child, the children delight in performing for me and it is a case of who can sing the loudest! I made a video for their sponsors of the 5 students at this school who receive educational sponsorships. I handed out stickers, knitted dolls and toothbrushes to the lower school.

PAPA's CHILDREN's HOME

We have been funding the food for all 23 children at Papa's Children's Home for the past 7 years. They have a varied menu that changes throughout the week. They have meat once a week along with fresh fruit and milk twice a week as well as eggs, soya beans, pulses, rice, vegetables and noodles and of course dalbhat!

November Update

Lovely to be back at Papa's, where I'm always given a lovely welcome. Anyone visiting Papa's is amazed at how the whole family, as that is what it feels like, pull together and help each other. Now JP and Maan, the eldest two are 19, they were the first two children coming to Papa's 10 years ago. They have both just started University, JP reading Engineering, and Maan, Accountancy. There are 23 children in total, 5 have English sponsors through CHANCE. We also funded the monthly activity programme.

SNEHA's CARE – RABIES VACCINATIONS

We funded 1000 rabies vaccinations in April along with leaflets and badges which are given out at schools when the team go to give talks on how to treat street dogs and what to do if bitten.

November Update

Bipana of Shenpen accompanied me to Sneha's Care and Sneha Shrestha, the founder, was there to greet us and show us around. Take a look at their website, they do great work with a good team under the excellent leadership of Sneha.



Feeding time

SKILLS TRAINING (Empowering Women!)

During 2019, WCS (Women's Cooperative Society) gave a total of 4x4 day trainings to 120 women in both elementary and advanced vegetable farming funded by CHANCE. We have supported WCS since 2007. The advanced training includes financial management and making organic pesticides. Each training costs around £650. The trainings took place in Polobari in June, Sankhu (Elementary) in July, Chhalinh in August, and Sankhu (advanced) in November. Around 27-30 women attend each of the training sessions and all have taken a micro finance small loan with minimum interest charged. WCS have 18,000 women on their books who each pay 100 rupees pcm as a means of saving. WCS gives them 8% interest. Of the 18000 women 70% request a loan. All four of the women I interviewed had paid their loan back within the time frame of a year - impressive! Depending on the size of their plot, and the amount of effort they put in, women can earn between 25000Nrs. (£170) to 50000Nrs per month (£340)!

November Update

The day I attended the training session, I was accompanied by Bimala (from Shenpen who monitors the skills training). This was advanced training on how to make eco-friendly, organic insecticide and fertiliser.

There were 28 trainees taking the advanced training in vegetable farming and they were on day 3 of 4 of the training. We were warmly welcomed. Whilst the theory of how to make organic fertiliser took place in Nepali, I visited four plots where each woman had taken a loan, varying from 50,000Nrs, (£350) the minimum loan you can take to 1 and a half Lak. The loan has to be paid back after one year at 2% interest.

Laxmi, aged 34 is married with two children, a son 19 who is



Skills training

reading civil engineering and a daughter aged 14 in Grade 8. She has 6 ropani of land, equivalent to 3,000 square



One of the trainees

metres. She grew tomatoes, sweet corn, potatoes, spinach and the fruit Guava which she took from her tree and cut up to give us, nectar! She has one cow which produces 10 litres of milk a day which she also sells at market. She makes a profit between 25,000Nrs and 30,000Nrs pcm. (£170-£205). She is very proud and rightly so of her achievements. She has paid for her children's education as well as building their house.

Back at the training centre, the theory now over, I watched the practical side of making organic fertiliser and pesticide. This consisted of cow dung, cow pee, ghee, curd, milk, bananas, apples, and sugar. The bananas, apples and sugar help the process of bacteria and fermentation. This is then all stirred together in a

large vat and left for about 21 days depending on the outside temperature. It is then ready for use either as an insecticide, as the bugs detest the smell of the curd, or as a fertiliser. All the trainees like to participate in this by cutting up the fruit or giving a good stir.

CHANCE funds. 4/5 such trainings a year at a cost of around £3,700-£4,500.

FUNDRAISERS DURING THE YEAR

Jane and Brian, landlords of The Keep in Guildford hold regular quiz nights for CHANCE. Through the funds raised from these, two children receive educational sponsorship.

Annalise Kerr ran the Everest Marathon in May 2019 and raised £1,150

Ashley Sault trekked the Annapurna circuit in October 2019 and raised £1,731

Jatinder Dosanjh and team trekked to Everest base camp in October 2019 and raised £6,035

Michael Fuhri, owner of the Crabpot Café in Cromer donated £800 of gratuities to CHANCE

My Annual Report would not be complete without giving my thanks to so many:

I would like to say a huge *THANK YOU* to everyone who has supported CHANCE for NEPAL during 2019. We have had an excellent year, culminating in my annual November visit. It is beyond words humbling and rewarding to see the difference CHANCE makes on a day-to-day basis in both health and education. We have grown considerably over the years and undoubtedly saved many lives and greatly improved the lives of thousands! All this would not be possible without your support.

My deep gratitude to our wonderful Patron, Joanna Lumley, and trustees Edmund O'Reilly Hyland and David Smail.

A massive thank you to **Viv Craggs**, who does the reconciliation of the banking for the accountants and **Wilkins Kennedy** who for the past 12 years have audited the accounts as their donation to CHANCE. Adrienne Golightly who runs our CHANCE 100 Club, no small feat, both hers and Viv's spread sheets are legendary! Chris Blizard a whiz too, who manages gift aid for CHANCE. They all willingly give their time and support freely, how special is that!

Thanks to all our educational sponsors and members of the CHANCE 100 Club. We have 97 members and **would** like 100!

A special mention and thanks to Eddie Forrester of Aerobytes and the Herrod Foundation for their amazing generous financial support this year and to Paul Lamberty, founder of Boonwag Digital Marketing - https://boonwag.co.uk/, who keeps our website at the top of the search engine and is helping throughout the year with adding our posts to the website.

Thanks to Raissa Distefano who monitors our education programme. There are 30 students attending school, college and university. There could be no education programme without her careful and thoughtful monitoring.

Thanks to Shenpen our main partner on the ground who we have worked with for 15 years. Shenpen monitors our projects in Skills Training, Rabies Vaccinations, the Tiffin Programme at MAV school, and our 'Goody Bags' for the Kanti Children's Hospital.

Many special moments for me this year and I stayed well throughout my visit. Seeing first-hand all our projects makes my heart sing, my life enriched by the difference we are making on a daily basis brings such joy and purpose. *Thank you ALL*.

Barbara

Barbara Datson Founder CHANCE for NEPAL Facebook/chancefornepal.org

If you would be interested in supporting any of our projects or would like further information, please email: info@chancefornepal.org

